

# MY CPD Planner

Use this planner as a tool to reflect on where you are now in terms of the 3 key areas of values, knowledge and skills

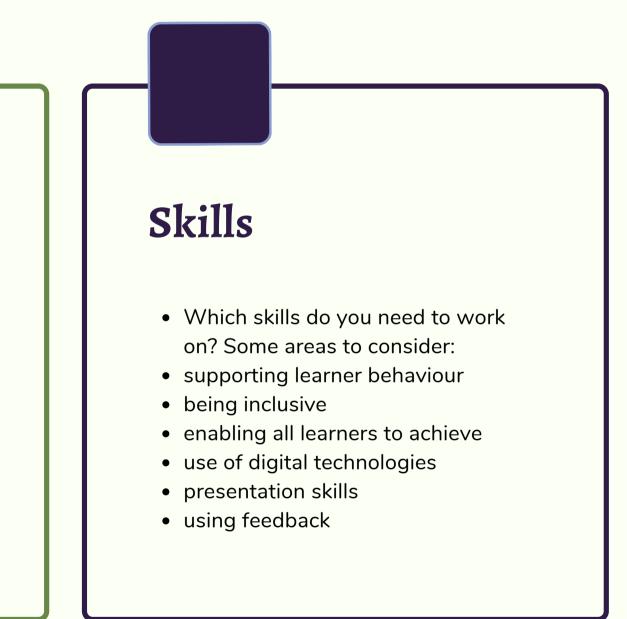
#### Values

- What are your beliefs and practices?
- Do you value yourself?
- Who inspires you?
- Do you have a community of support?

### Knowledge

- How do you keep your subject knowledge up to date?
- How do you know, share and apply good, evidenced based inclusive teaching practice

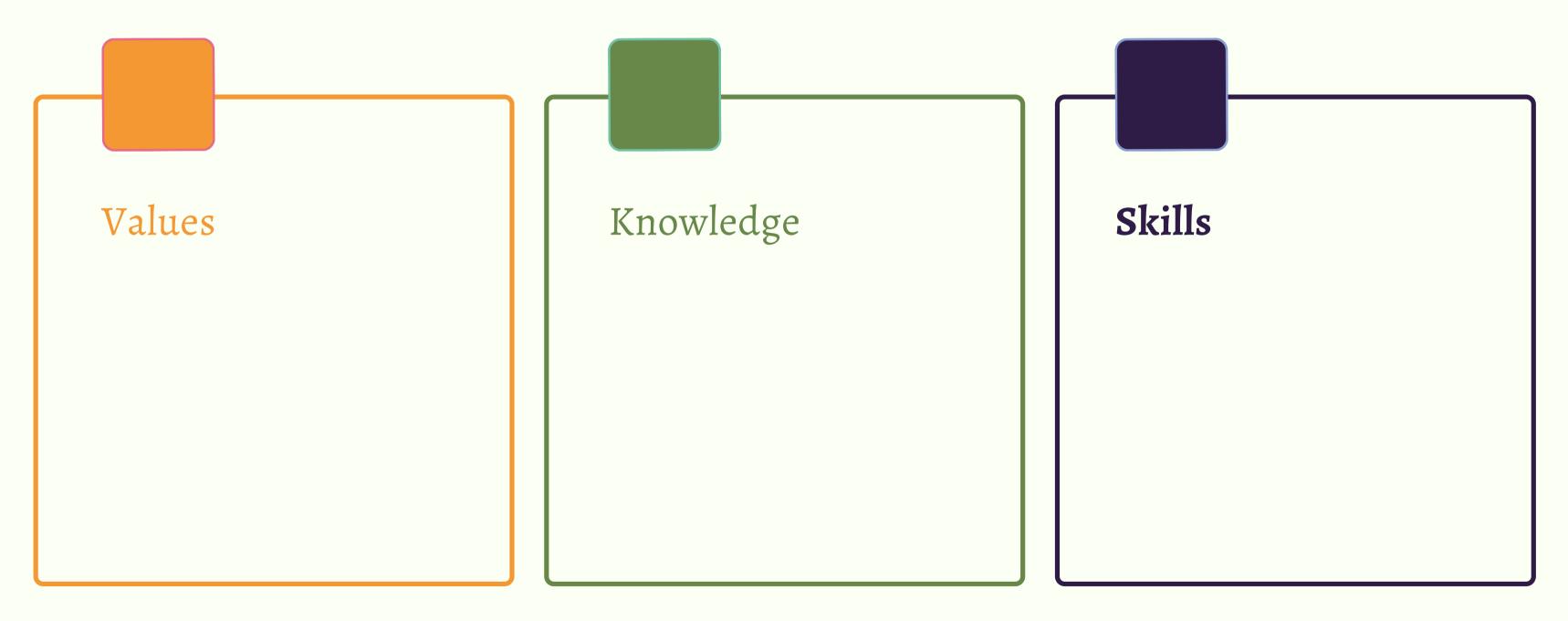
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Fill in the boxes with your reflections on each area



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